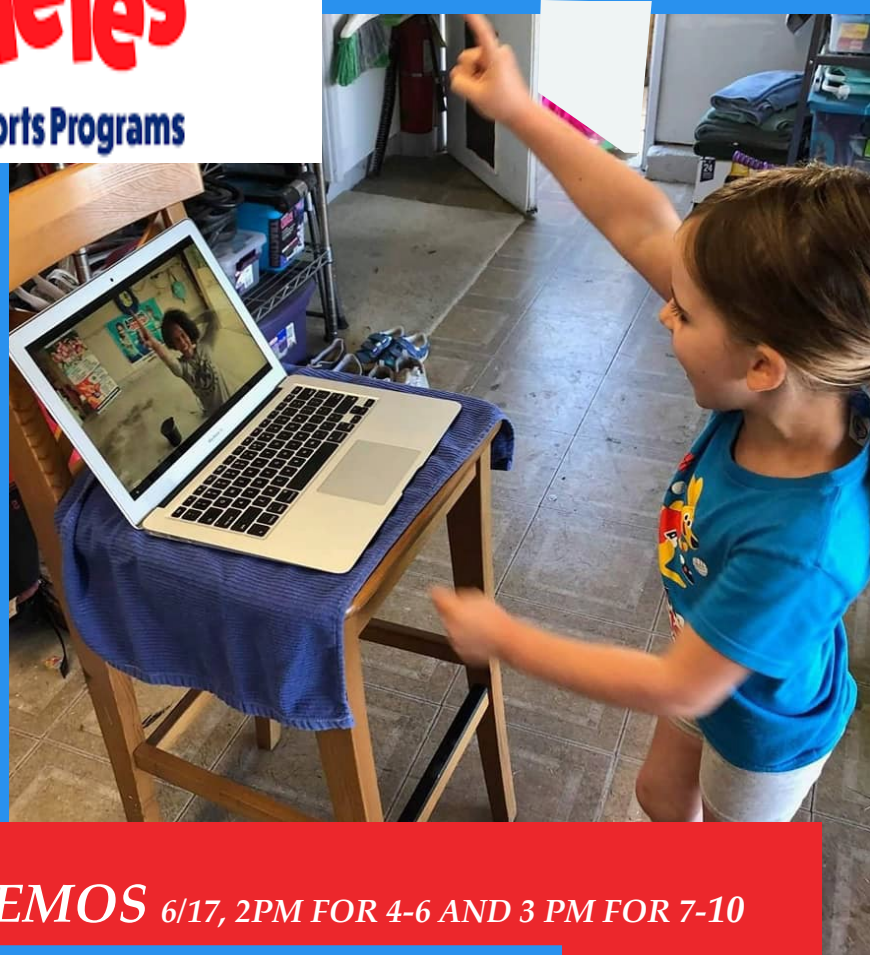




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Educational Sports Programs

Ages - 4-6 and 7-10



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Physical Education @Home Classes

PLAY

 **BASKETBALL**
 **FOOTBALL**
 **VOLLEYBALL**
 **SOCCER**
 **BASEBALL**
 **TRACK + FIELD**

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NUTRITION
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TEAMWORK
MOTOR SKILLS
CONDITIONING

PERFORM

SPEED
AGILITY
FLEXIBILITY
STRENGTH
COORDINATION

DESIGNED FOR SMALL SPACES - 5X5 FT AREA

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