

Resources for Personal Crisis Counseling and Suicide Prever

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Information about the Montgomery County Mobile Crisis Unit, Crisis Text Line and National S
Prevention Life Line.

MONTGOMERY COUNTY MOBILE CRISIS

Immediate support for crisis situations and assistance with managing recurring or future c

Support is available 24/7 at: **1-855-634-HOPE (4673)**

This service is available to anyone in Montgomery County, including children, teens, adults, an

<https://www.montcopa.org/2064/Crisis-Services>

CRISIS TEXT LINE

Text "HELLO" or "HOME" TO 741741 from anywhere in the U.S.

*Crisis counselors are on hand to talk with you about whatever is a crisis to you: addiction, anxiety, assa
depression, eating disorders, self harm and suicide.*

crisistextline.org



1-800-273-TALK (8255)

suicidepreventionlifeline.org

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