



Fall/Winter 2016

## Cheltenham Police Outreach



In light of recent events across the nation, the Cheltenham Township Police Department (CTPD) has stepped up efforts to strengthen their communication and personal ties with the community members they faithfully serve.

In July, CTPD conducted a town hall “Police and Community Together” (PACT) meeting at Reform Congregation Keneseth Israel to encourage an open dialogue. Police command staff welcomed questions and comments from the public to address any concerns and strengthen positive connections. Later that same month, CTPD

opened their doors for a family-friendly open house that included tours of the Police Station, K9 demonstrations and an opportunity to check out Police, Fire and Emergency Medical Service vehicles. The whole evening was an opportunity to say “hi” and learn first-hand some of what public safety personnel do.

In turn, members of the community have demonstrated their support for Cheltenham’s officers. For instance, in early July the La Mott AME Church gave a standing ovation to an officer representing CTPD during a Sunday morning service to show their appreciation. Pastor Lewis Attles invited the officer to symbolize peace and understanding and help combat fear with “faith, hope and love.”

Next, CTPD plans to launch a Police Athletic League (PAL). The goal? To promote a partnership between Cheltenham Police and community youth through sports and other activities. Cheltenham PAL will provide a fun-filled atmosphere to exchange ideas and inspire solutions to the problems facing youngsters. It will also encourage them to improve physical and mental fitness, build integrity and achieve positive personal aspirations.

Look for a Cheltenham PAL inauguration announcement this fall on [www.facebook.com/CheltenhamTwpPD](http://www.facebook.com/CheltenhamTwpPD).

### Stamp of Excellence

Reaffirming their commitment to the highest professional standards, CTPD received reaccreditation from the Pennsylvania Law Enforcement Accreditation Commission (PLEAC) in March 2016.

Accreditation requires compliance with 132 standards covering all areas of police operations, including arrest and detention procedures, evidence, pursuit management, prison cell holding areas, communications, financial controls, constitutional protections, training and more. The monumental effort requires consistent implementation of enhanced policies and training and major staff time. This reaccreditation continues CTPD’s elite status as one of only 107 local police agencies out of 1,117 total in Pennsylvania to achieve this distinction.

The Board of Commissioners and Township Administration proudly salutes CTPD on this impressive achievement on behalf of the entire community.



*K9 demonstrations were a big hit at the Police Open House in July.*

### K9 Unit Excels

The CTPD Canine Unit scored several awards in the 2016 U.S. Police Canine Association (USPCA) National Detector Trials in Philadelphia. The USPCA brings together some of the best scent-detector K9 teams from across the country and judges them in their respective detector skill. After qualifying at region detector certifications, over 50 teams from the 26 USPCA regions competed in their specialized scent categories, including cadaver, explosives and narcotics.

Cheltenham Officer Mike Moore and his partner K9 Odie took home first place nationwide in the explosive detection category. Officer Ed Farrell and K9 Bo were

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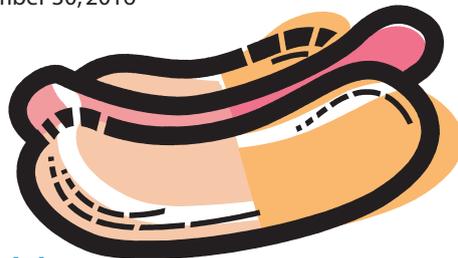
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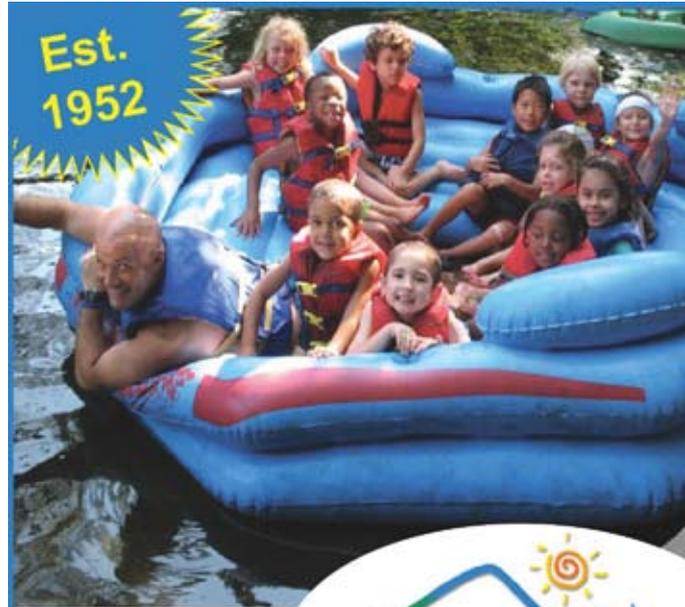
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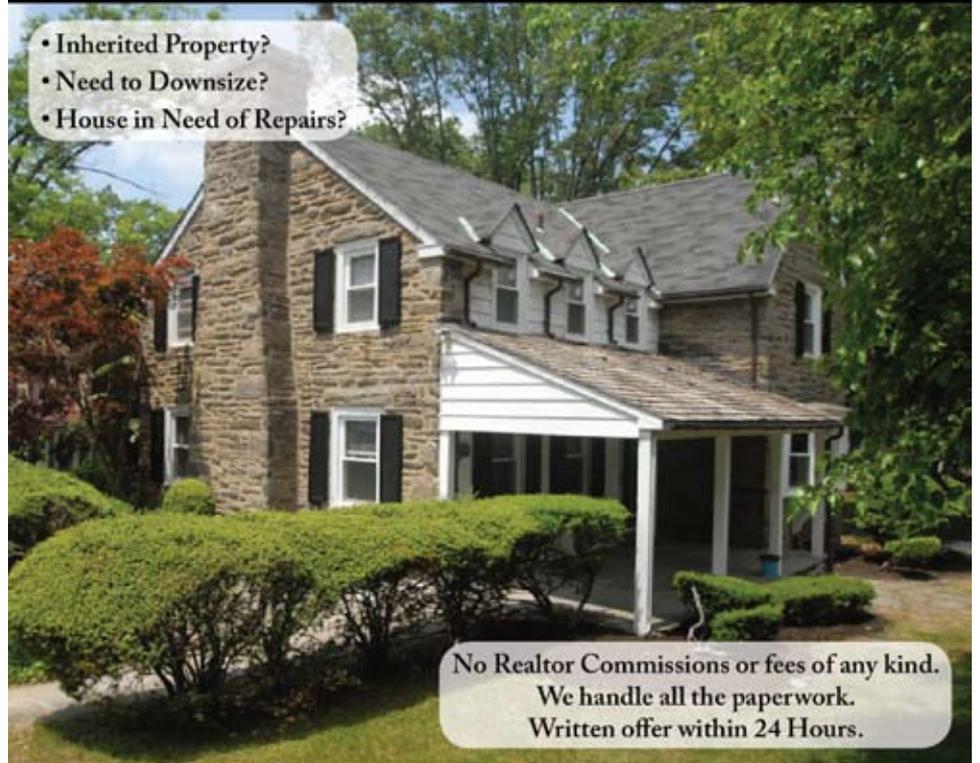
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awarded the second place region narcotics detection team. Lastly, Officer Chad Smith and K9 Tychus distinguished themselves with a 12th place finish in the national narcotics category. Along with Officer John Thompson and K9 Rocky, all four Cheltenham K9 teams earned a National Certification of Excellence. Congratulations to all of our K9 teams for their hard work and dedication!

**Chief Retires**

The Township said goodbye to Police Chief John Norris in late June after he retired following 12 years of distinguished service to Cheltenham. Chief Norris previously accrued 33 years of invaluable experience as a member of the Philadelphia Police Department, where he retired as Deputy Commissioner. Under his leadership, CTPD first attained PLEAC accreditation in 2012 and demonstrated a steadfast commitment to delivering outstanding services to the community.

While his experience and leadership will be missed, Acting Chief of Police John Frye, who was named Deputy Chief of Police earlier this year, is filling his shoes. A 21-year veteran of the force, Chief Frye holds a bachelor's degree in criminal justice from Temple University and a master's in police executive administration from St. Joseph's University. He also attended the Northwestern School of Staff and Command in 2008 and the FBI National Academy in 2012. He lives in the Township with his family.



Whole families came out to tour the Police Station and check out Police cars, Fire trucks and EMS ambulances during the Police Open House in July. Other highlights included a SWAT robot, free food and free bike helmets distributed by MossRehab. But more importantly, folks met and mingled with all variety of Township public safety personnel to share a laugh, learn a little and strengthen our community connections.

**TOWNSHIP DIRECTORY**



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This publication is offered to residents, businesses and other community members of Cheltenham Township as a public service by the Board of Commissioners. Each *Cheltenham Update* is produced by the office of Public Information.

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## From the Commissioner's Desk

### Dear Neighbor,

I hope everyone enjoyed the summer and took advantage of the many activities within the Township, such as the pools, arts center, community centers, libraries, camps, festivals and concerts. 2016 will be a very important year for our community. The Township's aging sanitary sewer system has been a major topic for the Board of Commissioners since long before I became a Commissioner. In fact, monthly sewer updates are now featured at every Public Works Committee meeting. Please see "Sanitary Sewer Story" on page 5 for more history on the issue.

But for many residents, the subject did not hit home until the Board considered an ordinance in May that addressed repairs to sewer laterals. Laterals are the pipes that connect private properties to the public sewer mains, and their maintenance and repair have always been the responsibility of individual property owners.

The Township's past sewer efforts have focused mostly on the public sewer mains, including repairing countless small defects during video inspections, installing a temporary bypass system, and lining 11,000 feet of the sewer main between Rices Mill and Old York Roads. But the Pennsylvania Department of Environmental Protection (DEP) is pressing Cheltenham to address sewer laterals. Why? Because in other communities DEP has found that laterals account for a lot of the unwanted stormwater that enters a sanitary sewer system. Whether through infiltration (i.e., cracks and defects) or inflow (i.e., sump pumps and roof drains), I/I can overwhelm the system's capacity, which can trigger sanitary sewer overflows.

The Board is grappling with the challenge of balancing residents' concerns about potential lateral repair expenses against DEP's pressure to expedite corrective actions. By examining every feasible approach, we hope to craft a solution that addresses the needs and concerns of all sides and ultimately strengthen our sewer infrastructure. To date, we have investigated the following options: 1) we considered an ordinance that would require inspection and repair of laterals whenever a property is sold or transferred, but DEP is concerned this would take too long to achieve significant results; 2) the Board authorized Staff to solicit requests for qualifications from agencies potentially interested in purchasing our sanitary sewer system; and 3) we may proceed with inspections of sewer mains and adjacent lateral connections this fall but NOT the laterals on private property.

Resolving an issue this vast and important takes a lot of time, effort and consideration. The Board plans to conduct a community meeting dedicated solely to the sewer lateral inspection and repair issue on Wednesday, September 28 at 7:00 p.m. in the Little Theater at Cheltenham High School. Please attend if possible to voice your thoughts and get answers to your questions about this important issue.



Baron B. Holland

### Flood Reduction

Unfortunately, the U.S. Army Corps of Engineers (ACOE) had to hold off delivery of the final plan recommendations on the Tookany Creek Flood Reduction Feasibility Study until top commanders signed off on them. At press time, we expect the ACOE to make a presentation at the Public Works Committee meeting on September 7.

Begun in 2012, the feasibility study analyzed possible flood-mitigation projects throughout the entire Tookany Creek Watershed. The original draft plan favored constructing nine dry detention basins functioning as a system – six in Cheltenham Township and three in Abington Township. After reviewing significant public comment, the ACOE revised the plan to include just six basins, all in Cheltenham Township, at a projected cost of \$6.7 million. The ACOE would cover 65% and the Township would pay the remaining 35%.

Check [www.CheltenhamTownship.org](http://www.CheltenhamTownship.org) for ongoing developments.

### Major Commercial Developments

Here's a roundup of some of the major commercial developments underway in the community:

- *Wawa on Limekiln Pike*: Construction of the new convenience store and gas station is underway. The opening is expected this fall.
- *Greenleaf at Cheltenham*: The former Cheltenham Mall is continuing demolition and grading work in its \$29 million redevelopment to convert from a mall under one roof into stores with individual storefronts. The owners have submitted building plans for interior renovations for several existing tenants and plan to bring in 22 new stores.
- *The Fresh Grocer*: A new full-service supermarket, which replaced a former Pathmark, opened in Cedarbrook Plaza in May. The Fresh Grocer is owned by Brown's Super Stores, which also operates ShopRite of Cheltenham in Greenleaf at Cheltenham.
- *1347 Cheltenham Avenue*: Revised plans for a 2,500 square foot restaurant and banquet facilities were submitted to the Township Engineer in June.
- *1403 Cheltenham Avenue*: A land development plan will be submitted this fall for a new Dunkin' Donuts at the corner of Cheltenham Avenue and School Lane in La Mott.

These are all exciting projects that will help to build a stronger commercial base within our borders. Strengthening the commercial base is a goal of the Board of Commissioners because it generates business tax revenue and helps to relieve pressure on residential taxes. In closing I ask all residents to make a conscious effort to support the wide variety of businesses in Cheltenham. Patronizing local businesses is a win-win for us all.

Sincerely,  


Baron B. Holland  
 Commissioner, Ward 2

## Sanitary Sewer Story

Cheltenham Township owns, operates and maintains approximately 120 miles of a sewer collection system that conveys the raw sewage to the Philadelphia Water Department (PWD) for treatment. Cheltenham's system also conveys waste from portions of Abington Township, Jenkintown Borough, Springfield Township and the City of Philadelphia.

Like a lot of other older inner-ring suburban communities, the Township's sewer is showing its age; some sections are nearly 100 years old. Over time, pipes can crack or break, joints can separate and tree roots can intrude causing blockages. In addition, mortar in brick manholes can deteriorate, and rims can become dislodged.

Such defects lead to infiltration of "clean" ground water into the sanitary sewer system. Similarly, inflow is the direct flow of stormwater into the system via sources such as sump pumps or roof drains. Together "I/I" is a major problem for the sanitary sewer. First, it inflates costs by unnecessarily increasing the Township's sewage treatment fees. Plus, PWD may charge additional fees if the sewage flow exceeds contracted amounts. Second, I/I takes up valuable space in the sewer system. At worst, it could potentially overwhelm the system, triggering sanitary sewer overflows (SSOs) of sewage into homes, streams, etc.

### Corrective Action Plans

In 2005, the Township developed its first Corrective Action Plan (CAP) to reduce I/I and protect this vital infrastructure. Contractors inspected the main sanitary sewer lines using a device featuring a small camera to find defects. The device would immediately grout small cracks; larger problems were noted for later repair. In addition, we launched a sump pump inspection campaign in 2005 to locate and remove any sump pumps illegally connected to the sanitary sewer from homes, businesses or institutions.

Sewer efforts were kicked into higher gear in 2010 after heavy spring rains combined with a high water table due to winter snow melt overwhelmed the system, triggering major SSOs and a fine from the Pennsylvania Department of Environmental Protection (DEP). Soon after, a temporary sanitary sewer bypass – "the black pipe" – was installed until permanent repairs were completed. If the regular system becomes overwhelmed, sewage flow automatically transfers to the bypass, preventing a repeat of those SSOs.

In 2010 and 2012, the Township presented DEP with updated CAPs developed with the assistance of BCM Engineers. A fourth revision is underway. The CAPs include ordinances and the requirement to rehabilitate and replace some private laterals, which connect homes, businesses and other structures to the sanitary sewer system.

### 2013 to Present

From 2013 to now, Arro Consulting, Inc., worked to complete a comprehensive draft Act 537 Sewage Facilities Plan to establish waste planning for the community's current and future needs.

In 2013, we completed the first phase of major upgrades to Interceptor A by lining 11,000 linear feet between Rices Mill and Old York Roads. The next step, replacing 3.75 miles of Interceptor A between Old York Road and Central Avenue, was scheduled for spring 2016 but postponed after the Pennsylvania Historical and Museum Commission determined an archeological and geomorphic study of the area was required before the U.S. Army Corps of Engineers could issue a water encroachment permit. The study unearthed a few pre-contact Native American relics but does not recommend any further investigation. Assuming the recommendation is accepted, we hope to obtain permit approval soon and schedule the work for later this fall or early next year.

### Sewer Laterals

While we have focused efforts mostly on relining and replacement projects affecting the sewer mains (Interceptor A), DEP and PWD are pressing the Township to address private laterals. In other communities, DEP has found that significant I/I can come from laterals, based on meter data and televising of laterals.

It is relatively easy to detect I/I. We installed sewer flow meters in 19 manholes to track the flow within the system. Flow rates that repeatedly spike during rain events, as compared to dry weather, indicate I/I. The strategic locations of the meters also reveal what sections of the system have the highest I/I levels.

In May 2016, the Public Works Committee reviewed a draft ordinance that would have established an inspection and repair requirement for sewer laterals. Although the entire community would have been covered over eight years, the areas with the highest I/I – Cheltenham Village and Glenside – would have been scheduled first. The Township planned to pay for the inspections as well as any repairs to the Township's sewer mains. However, property owners – who have always been responsible for their private laterals – would still have to cover any repair costs for their own private laterals.

Although we still hope to begin camera inspections of the sewer mains this fall, the draft ordinance was tabled while Commissioners review other options for lateral inspections and repairs. For example, requiring such inspections and repairs whenever a property is sold or transferred was considered, but DEP and PWD said this approach would take too long to achieve significant results. Another option is proceeding with the inspections for both the mains and laterals this fall but deferring any required lateral repairs until next spring or up to 16 months. For this approach, a list of certified plumbers and local financial assistance options would be compiled to help affected property owners. The Township is also exploring various alternatives for financing the work. Even selling the system outright to an independent sewer authority is on the table for discussion and evaluation.

The Township is working diligently to review all options and to resolve the issue in a manner that is both fiscally responsible and beneficial to the whole community. No decisions will be made in haste without the opportunity for input from our residents.

**For that reason a special meeting dedicated solely to the issue of the inspection and repair of sewer laterals is scheduled on Wednesday, September 28 at 7:00 p.m. in the Little Theater in Cheltenham High School, 500 Rices Mill Road in Wyncote. At that time we hope to answer everyone's questions and come together on a direction going forward.**

## Cheltenham Becomes a Bird Town

In April the Board of Commissioners adopted a resolution to make Cheltenham an Audubon Bird Town, as recommended by the Township's Environmental Advisory Council. A perfect complement to the Cheltenham Sustainability Plan, becoming a Bird Town will both highlight the Township's incredible ecological resources and extend environmental outreach and education.

Several Audubon Bird Town activities are already underway. For example, Wyncote Audubon helped sponsor the Tookany/Tacony-Frankford Watershed's CreekSide Bird Garden Tour in June. Participants toured landscapes featuring appealing native plantings that attract birds and butterflies as well as serve as riparian buffers to help slow stormwater runoff and improve water quality. Before that, Wyncote Audubon worked with teachers and students at Cheltenham Elementary School to form an Audubon Bird Club and learn about winter birds, study spring migration and participate in the "Great Backyard Bird Count."

Individual property owners can join the campaign by creating bird habitats in their own backyards.

### Bird Habitat Recognition Program

Bird Town is not just about birds. It is about introducing natural systems into our landscapes that also positively impact stormwater, greenhouse gases, maintenance and aesthetics. No matter the size, your property can serve as a valuable habitat and contribute to bird conservation. Begin by featuring native plants in your yard to provide food (insects and plant), cover and nesting sites. Add some other key elements like water. Then, register your property with Audubon Pennsylvania and join a growing community of people across the state that landscape with ecology in mind.

The registration form is available under the "Sustainable Cheltenham" link at [www.CheltenhamTownship.org](http://www.CheltenhamTownship.org). Just mail the completed form along with a \$20 check to Audubon Pennsylvania – Bird Habitat. You will receive a yard sign proclaiming your participation and a Habitat Discount Card. Look for workshops and other events for Bird Town residents at [www.facebook.com/birdtownpa](http://www.facebook.com/birdtownpa).



## Voluntary Contributions

The Board of Commissioners would like to extend their thanks and gratitude to the following tax-exempt institutions for participating in this year's Municipal Services Voluntary Contribution Program.

Tax-exempt organizations benefit from numerous municipal services, such as Police, Fire, Emergency Medical Service, Roadwork and Leaf Collection Programs. Township officials ask the community's religious and educational institutions for a voluntary contribution in lieu of taxes. This year's contributions totaled \$47,430.

- Arcadia University
- Brothers of Charity
- Calvary Orthodox Presbyterian Church
- Comhar, Inc.
- Federation Housing
- Gujarati Christian Fellowship of Philadelphia
- Holy Trinity Armenian Apostolic Church
- Reconstructionist Rabbinical College
- Salus University
- Won Edification Center

## Grants and Donations

Cheltenham Township staff constantly pursues grants and corporate funding to benefit local programs and services. Since August 2015, the Township garnered over \$818,000.

- \$350,000 Pennsylvania Department of Community and Economic Development (DCED) Multimodal Fund Grant for pedestrian and streetscape improvements in Elkins Park West, including new sidewalk and curbing, crosswalks, landscaping and lighting.
- \$170,000 Department of Housing and Urban Development Community Block Grant for La Mott Community Center improvements, including several new windows, a new energy-efficient boiler, a new generator and upgrades to the fire sprinkler system.
- \$83,597 PennDOT Automated Red Light Enforcement Grant to increase pedestrian safety at the Glenside Avenue and Rices Mill Road intersection by upgrading Americans with Disabilities Act (ADA) ramps and installing crosswalks and pedestrian signals.
- \$76,029 Pennsylvania Department of Environmental Protection (DEP) Recycling Performance Grant for residential and commercial recycling in the year 2014.
- \$25,592 PennDOT Green Light-Go Grant to upgrade the intersections of Limekiln Pike at Church Road and at Easton Road to improve ADA and pedestrian accessibility.
- \$21,175 PennDOT Green Light-Go Grant to reduce congestion at Greenwood Avenue and Route 309 by synchronizing that traffic signal with the intersection signal at Greenwood Avenue, Longfellow Road and Rices Mill Road.
- \$18,628 PennDOT Green Light-Go Grant to install a traffic signal mast arm, signal and wiring at Ashbourne Road and New Second Street. It will replace a temporary pedestal traffic post in place since the original arm was severely damaged by a fallen tree.
- \$16,536 Communities that Care Grant to reduce underage drinking and drug use through extra Police patrols in targeted areas. In lieu of fines and a criminal record, many of the juveniles arrested were placed into alternative programs where they received education on the harmful effects of alcohol and drugs, and performed community service.
- \$14,000 from Bentley Colleagues for Science, Technology, Engineering and Math programming at Cheltenham Libraries.
- \$12,000 from Einstein Medical Center Elkins Park for the 2016 Concerts in the Park.
- \$7,250 PennDOT Green Light-Go Grant to undertake a traffic study to make safety improvements at the Shoppers Lane/Ogontz Avenue intersection.
- \$6,960 PennDOT Green Light-Go Grant to coordinate six traffic signals along Limekiln Pike and Easton Road to try to reduce congestion. (Two signals in Abington Township will also be coordinated with this system.)
- \$5,000 from Wyncote Towers Apartments for an additional 10,000 "I Choose Cheltenham" vehicle magnets.
- \$4,000 Pennsylvania Historical and Museum Commission Grant to update the Township's guidelines for replacement windows in historic buildings.
- \$3,000 DEP Grant to develop a grassroots educational campaign about stormwater with the Tookany/Tacony-Frankford Watershed Partnership and train volunteers to install 500 storm drain markers in various neighborhoods.
- \$2,000 for the 2015 Community Harvest Festival from Towers of Wyncote (\$750), All State Insurance (\$500), MassMutual Financial Group (\$250), SavATree (\$250), and Mid-Atlantic Waterproofing (\$250).
- \$1,050 body armor donation for Police K9 Tychus from Vested Interest in K9s, Inc.
- \$600 from the Jenkinstown Lyceum for two Historical Commission lectures.
- \$500 Scholarship Grant from the Commonwealth Libraries for Cheltenham Library Staff to attend a Computers in Libraries Conference.
- \$200 Ezra Jack Keats Mini-Grant for programs and classes at East Cheltenham Library Branch to inspire imagination in first- and second-graders.
- PECO donated 150 trees, which will be planted this fall in numerous Township parks to enhance the riparian corridors along the Tookany Creek.
- For the Police Open House in July 2016, MossRehab donated free bike helmets and Rita's Water Ice of Elkins Park, Chik-fil-A of Wyncote, Representative Steve McCarter and the Police Association donated food and beverages.



In July, PECO donated 150 trees to the Township, which are temporarily located at the Waverly Road Compost Facility. The trees will be planted this fall in numerous Township parks to enhance the riparian corridors along the Tookany Creek.

## Local Cartoonist Illustrates School District Strategic Plan



In June, the Cheltenham School District's Board of Directors unanimously approved a five-year strategic plan entitled "Five Pathways, One Destination." While the creation of a strategic plan is commonplace for most school districts, incorporating the artwork of a renowned local cartoonist is a unique way of branding Cheltenham's plan: a multiyear quest to think differently about every aspect of teaching and learning.

Terry LaBan, a longtime Cheltenham resident and father of two Cheltenham High School students, is an alternative/underground cartoonist and newspaper comic strip artist. He is known for his comic book series *Cud* and his syndicated comic strip *Edge City*, created with his wife, Patty LaBan. Terry was invited to collaborate with the School District to depict Cheltenham's vision, goals and objectives in an accessible, inviting and engaging way. "Cartoons are one of the best ways to reach an audience. It's impossible for most people to resist reading them, and they're easy to share," according to Mr. LaBan.

Reaching and engaging a large audience of stakeholders has been a central theme in the District's strategic planning process. Before one word of the plan was drafted, thousands of School District residents completed online surveys in the summer and fall of 2015, assuring that planners would focus their time and resources on the issues of greatest importance to the community. This led to the development of five strategic pathways:

- Curriculum & Instruction
- Student Achievement
- Professional Learning
- Holistic Experiences
- Communications & Engagement.

Collaborative teams formed around each pathway to develop Cheltenham's strategic plan under the visionary leadership of the District's new superintendent, Dr. Wagner Marseille. "Five Pathways, One Direction" establishes several key tenets that will steer the District's journey over the next five years.

To learn more about the strategic plan and view all of the illustrations, visit [www.cheltenham.org](http://www.cheltenham.org).

## Recycling Cart Placement

Please help optimize the efficiency of our automated recycling program by placing your recycling cart in the right position when you put it out for collection.

#1 - The side of the cart where the lid opens should face the center of the street; the lid's hinged edge should be back against your curb or lawn.

#2 - Recycling carts need a three-foot clearance on both sides so the automated arm on the recycling truck has enough room to grab them. That means carts can not be placed between parked cars, beside trash cans, against light poles, etc.

For more information, call the Refuse and Recycling Superintendent at 215-635-4600.



Leave a three-foot clearance around your recycling cart so the recycling truck's automated arm can grab it. Also, be sure the lid opening faces the street, with the hinged end facing your property.

## Storm Drain Marking



After heavy rains, stormwater races along the edges of roadways until disappearing down storm drain inlets. But do you know where it goes after that?

This fall Cheltenham Township will partner with the Tookany/Tacony-Frankford Watershed Partnership (TTF) to help area residents understand where rain goes after it lands on the ground as well as connect with their local watershed.

TTF will train volunteers to install 500 storm drain markers in neighborhoods throughout the Township that spell out, "Drains to Tookany Creek." The markers are part of a regional marketing program by the Philadelphia Water Department. Each watershed has its own mascot; the Tookany/Tacony-Frankford Watershed (TTF Watershed) uses a blue heron, which has been spotted in various locations in the watershed.

Approximately 90% of the stormwater that lands in Cheltenham Township drains into the TTF Watershed, which includes the Tookany Creek and all of its tributaries. An estimated 55% of the rain that falls in an urban environment (versus 10% in a natural environment) rolls off the ground and into the watershed. This runoff collects sediment, chemicals and other debris from the ground before reaching storm drains, swales and other stormwater conveyances that deposit everything directly into local creeks.

This sediment, chemicals and debris significantly impacts water quality and watershed health. Because of this, please be mindful that only stormwater should be allowed to enter the storm drains. Do not pour motor oil, grease, paint, soapy water or other household, garage and garden items down storm drain inlets. Also, please help keep storm drains, swales, and other stormwater conveyances free of grass clippings, leaves, branches and other blockages. These items may clog the storm drains and cause flooding on streets and in homes.

If you would like to help install storm drain markers and/or distribute educational materials in your neighborhood, please contact Assistant Township Manager Alyson E. Elliott at [aelliott@cheltenham-township.org](mailto:aelliott@cheltenham-township.org). For more stormwater tips, visit [www.CheltenhamTownship.org](http://www.CheltenhamTownship.org) > Departments & Services > Stormwater Management.

## Avoid Idling

Many of us were taught that it wastes more gas to turn a car off and on than to let it idle. But that is not the case in modern vehicles with the electronic ignitions, according to Sustainable America. Letting these cars idle for just 10 seconds wastes more fuel than restarting them.

In addition to wasting gas and gas money, idling impacts our health and air quality. An idling vehicle releases as much pollution as one that is driving. Pollution from vehicle exhaust has been linked to asthma and other lung diseases, allergies, heart disease, increased risk of infections and cancer, and other health problems. Changing a small habit like idling during school pickups, in drive-thrus and at ATMs will help reduce these negative impacts, so please turn off your vehicle engines when possible.

## Feasibility Study: Conklin and Glenside Pools

Late this year or early next, the Township plans to begin a feasibility study to map out the future of Cheltenham's pools: Conklin, located at 15 E. Church Road in Cheltenham, and Glenside, located at 185 S. Keswick Avenue in Glenside.

A pool consultant's recent assessment indicates that the pools, which were built in the 1960s, have reached a stage when significant capital investment will be necessary to modernize them and sustain operations. The Township has requested proposals from qualified firms to not only evaluate the pools' current conditions, programs offered, maintenance and operation procedures, trends in pool services and facilities, and community needs but also lead discussions with the community about the best way to offer pool services in the future.

The feasibility study will follow the Pennsylvania Department of Conservation and Natural Resources guidelines to later help qualify for grants to implement upgrades to the pools. Public input will be gathered through both an online survey and community meetings. The study recommendations will guide the Township's decision-making and budgeting for the pools.

The Township is looking for residents to serve on the steering committee that will work with Township staff and the chosen consultant to review the data collected and develop an action plan. If you are interested in serving on the steering committee or want to be notified about the study's progress and comment opportunities, please complete the short form linked to [www.CheltenhamTownship.org](http://www.CheltenhamTownship.org) > Departments & Services > Projects, Plans and Studies > Pool Feasibility Study.

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1500 Old York Road, Abington, PA 19001

## Fall Leaf Collection

The Township's 2016 Fall Leaf Collection Program will begin on Monday, October 17 in Route 1. The 15 designated leaf routes are identified by the accompanying map.

The program begins in mid-October to allow enough time for five collections – two for loose leaves and three for bagged leaves – in every route before winter weather arrives. Please follow the accompanying schedules and guidelines for the most efficient program.

Early in the program, collection crews may proceed to some routes ahead of schedule but will return to the route scheduled for collection that day each morning. Of course, inclement weather may delay the program; an early winter freeze can interrupt collections since leaf vacuums cannot pick up leaves frozen to the ground. To receive emails about schedule delays, sign up for E-Notifications at [www.CheltenhamTownship.org](http://www.CheltenhamTownship.org), which will also feature the information. Schedule updates will also be posted on [www.facebook.com/CheltenhamTownship](http://www.facebook.com/CheltenhamTownship) and cable channels 42 (Comcast) and 1960 (Verizon).

After the regular program is completed, the Township will consider additional loose-leaf collections for the first few routes in the schedule, depending upon weather conditions and leaf volume. Announcements about any special third collections will be posted with signs in the affected routes and all of the venues previously listed.

### Free Drop Off Option

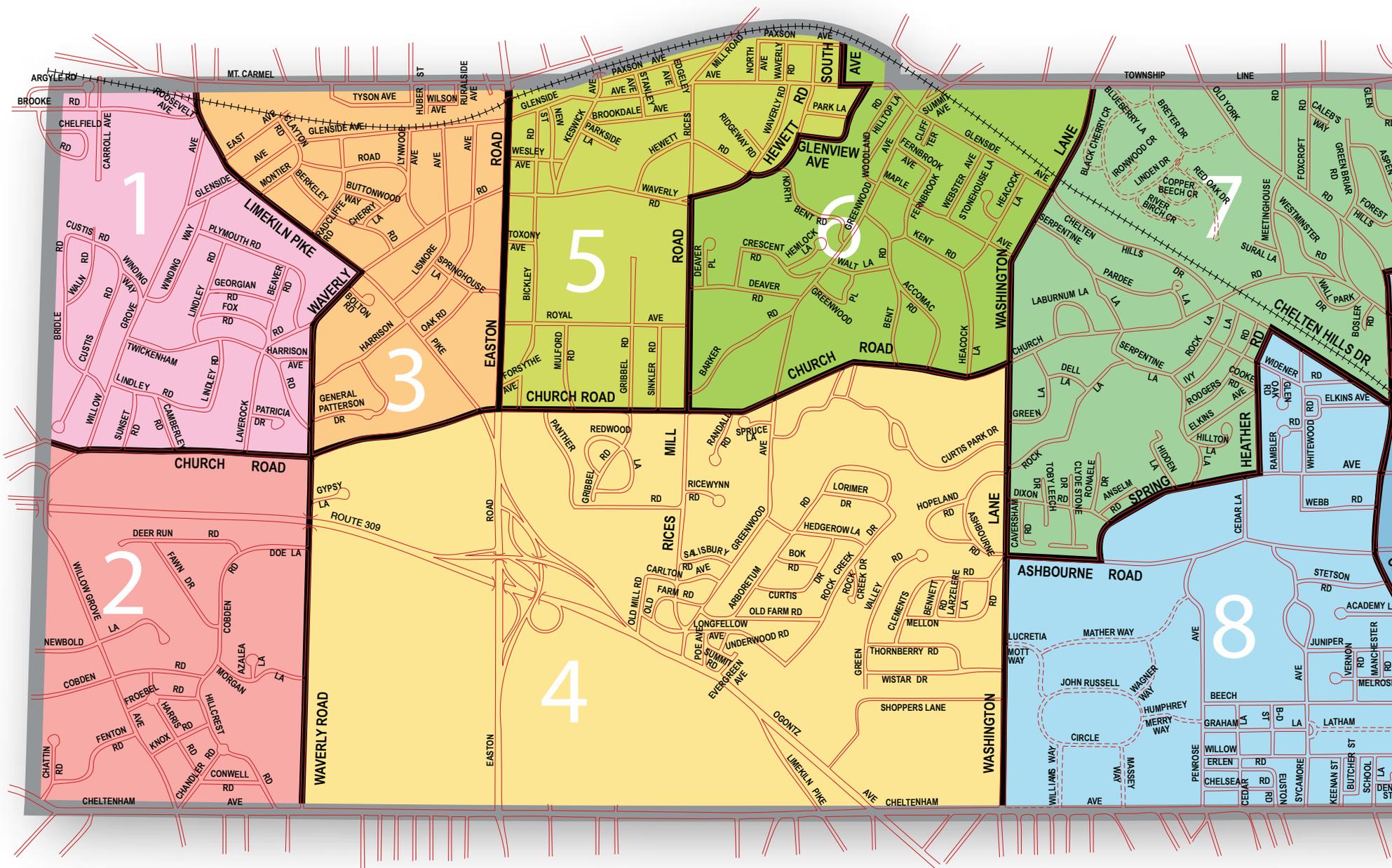
Instead of waiting for scheduled collections, residents may drop off biodegradable paper bags containing leaves, twigs, grass clippings or garden debris at the Waverly Road Compost Facility throughout the year. Located on Waverly Road between Church Road and Cheltenham Avenue in Laverock, the facility is open weekdays from 7:30 a.m. to 3:00 p.m. and Saturdays from 10:00 a.m. to 2:00 p.m., unless affected by a holiday. No drop-offs are permitted when the facility is closed.

**Landscapers Note:** Landscapers must obtain a Township permit annually to drop off leaves and other garden debris at the Waverly Road Compost Facility. The cost is \$50 for landscapers that pay the Township's business privilege tax and \$100 for others. Additional charges apply per cubic yard of debris.

### Loose Leaves Guidelines

- Rake leaves to the curb **no more than 14 days prior** to the scheduled collection day, in accordance with Township Ordinance. Violators are subject to fines.
- Rake only leaves; do not include twigs or branches, which may jam the leaf machines.
- **Do not put leaves into the street immediately after a collection. Violators are subject to fines.**

**Note:** The collection schedule is subject to delay due to inclement weather. Check [www.CheltenhamTownship.org](http://www.CheltenhamTownship.org), [www.facebook.com/CheltenhamTownship](http://www.facebook.com/CheltenhamTownship), Comcast Channel 42 or Verizon Channel 1960 for schedule updates, or call 215-635-4600.



**Bagged Leaves Guidelines**

- Use biodegradable paper bags **only**. The Township sells bags at the Township Administration Building, libraries and community centers.
- Put bagged leaves at the curb just prior to their scheduled collection day.
- Do not put trash, large branches, dirt, stones or rocks into the biodegradable paper bags. However, grass clippings, twigs and garden debris may always be included with leaves.

**Additional Guidelines**

- Never discard leaves, grass, twigs, branches or garden debris with regular trash.
- Have landscapers cooperate with the collection schedules.
- Do not park over leaves since heat from a vehicle may ignite a fire.
- Never burn leaves or place leaves at the curb anytime after the final collection, as stipulated by Township Ordinances.
- No branch collections will be scheduled during the Fall Leaf Collection Program.



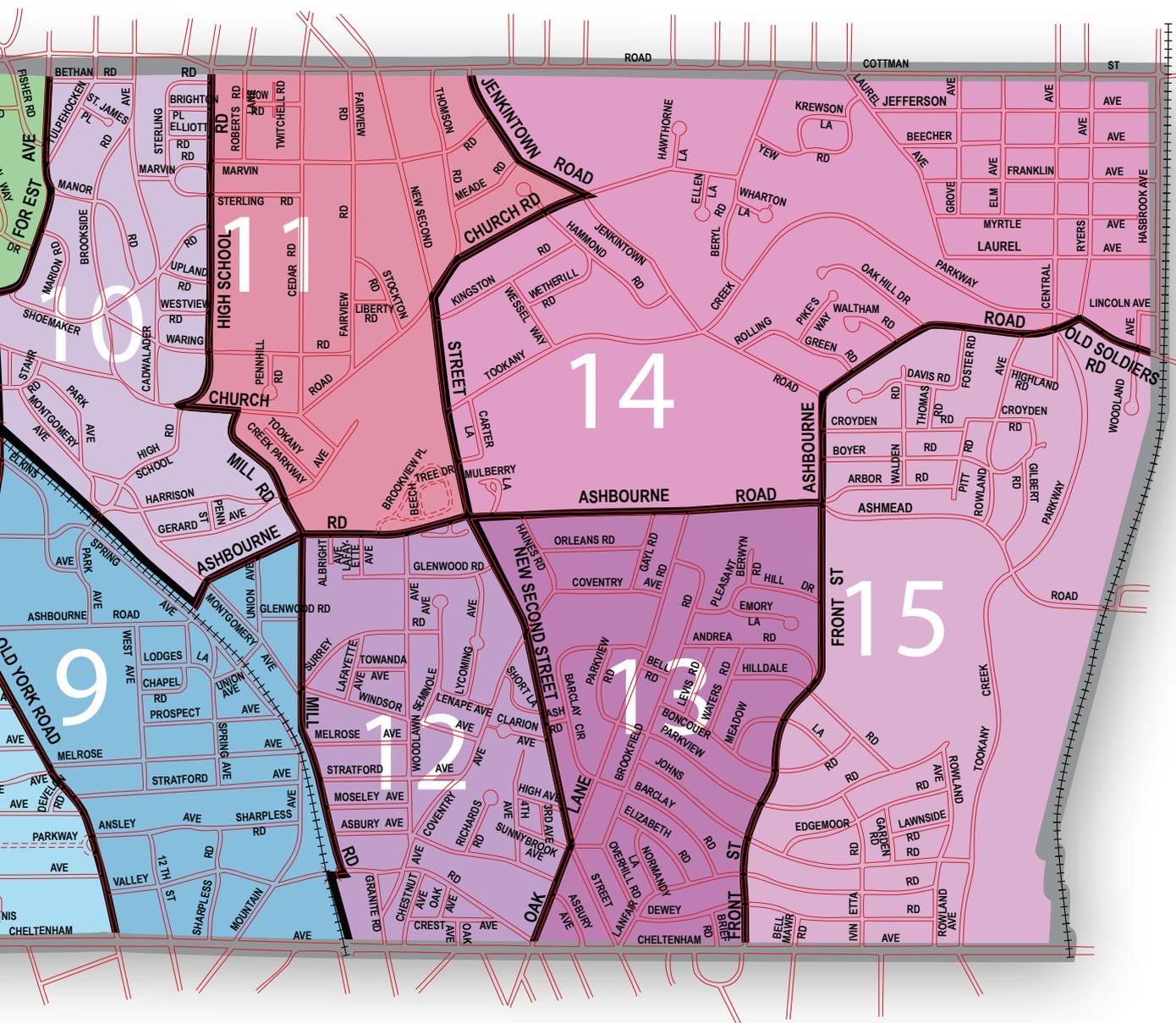
Sign up to receive emails about any schedule delays via E-Notifications on [www.CheltenhamTownship.org](http://www.CheltenhamTownship.org), or check for schedule updates on the Township website, [www.facebook.com/CheltenhamTownship](https://www.facebook.com/CheltenhamTownship), Comcast Channel 42 and Verizon Channel 1960.

**Loose Leaf Collection Schedule**

<u>Leaf Route</u>	<u>Collection Date</u>
Route 1	Monday, Oct. 17 Monday, Nov. 7
Route 2	Tuesday, Oct. 18 Wednesday, Nov. 9
Route 3	Wednesday, Oct. 19 Monday, Nov. 14
Route 4	Thursday, Oct. 20 Wednesday, Nov. 16
Route 5	Friday, Oct. 21 Friday, Nov. 18
Route 6	Monday, Oct. 24 Tuesday, Nov. 22
Route 7	Tuesday, Oct. 25 Monday, Nov. 28
Route 8	Wednesday, Oct. 26 Wednesday, Nov. 30
Route 9	Thursday, Oct. 27 Friday, Dec. 2
Route 10	Friday, Oct. 28 Tuesday, Dec. 6
Route 11	Monday, Oct. 31 Thursday, Dec. 8
Route 12	Tuesday, Nov. 1 Monday, Dec. 12
Route 13	Wednesday, Nov. 2 Wednesday, Dec. 14
Route 14	Thursday, Nov. 3 Friday, Dec. 16
Route 15	Friday, Nov. 4 Tuesday, Dec. 20

**Bagged Leaves Collection Schedule**

<u>Leaf Routes</u>	<u>Collection Date</u>
1 - 8	Friday, Oct. 21
9 - 15	Friday, Oct. 28
1 - 8	Friday, Nov. 4
No Collection	Friday, Nov. 11
9 - 15	Friday, Nov. 18
No Collection	Friday, Nov. 25
1 - 4	Friday, Dec. 2
12 - 15	Friday, Dec. 9
5 - 8	Friday, Dec. 16
9 - 11	Friday, Dec. 23



## Things to Do this Fall

### Second Saturdays Art Stroll

Saturdays, Sept. 10, Oct. 8 & Nov. 12, good weather only • Noon – 4:00 p.m.  
Sidewalks along Easton Road and Glenside Avenue

Students from the Philadelphia area will showcase their art, jewelry, fashion and other creations during three Second Saturday events in Downtown Glenside.  
Information: [dgcp19038@gmail.com](mailto:dgcp19038@gmail.com).

### Sundays in the Park

Sundays, Sept. 18, Sept. 25 & Oct. 23, good weather only • 1:00 p.m. – 4:00 p.m.  
Tookany Creek Parkway between Central Avenue and Jenkintown Road, Cheltenham  
Outdoor enthusiasts can enjoy the roadway free from vehicle traffic for biking, skating, jogging and more. Information: 215-887-6200, ext. 227.

### MamaCITA 10: Group Solo Show

Reception Sept. 25 • 4:00 p.m. - 6:00 p.m.  
Cheltenham Center for the Arts, 439 Ashbourne Road, Cheltenham  
MamaCITA, a mothers' cooperative in the arts, celebrates its 10th anniversary with a group solo exhibition available from September 18 to October 15. Information: 215-379-4660.

### Downtown Glenside Food Fest

Thursday, Sept. 29 • 5:30 p.m. – 9:00 p.m. • Wesley Plaza off Easton Road, and Glenside Avenue between Easton Road and New Street, Glenside  
Tempt your taste buds with delicacies from wonderful local eateries and a variety of food trucks at two locations this year, Glenside Avenue and Wesley Plaza, during this Downtown Glenside Community Partnership event that will also welcome back Arcadia University students. Information: [www.facebook.com/Downtown-Glenside-Community-Partnership-126724294077899/](http://www.facebook.com/Downtown-Glenside-Community-Partnership-126724294077899/).



Last year's Downtown Glenside Food Fest drew a hungry crowd to Glenside Avenue to enjoy a variety of food truck offerings along with great local restaurant cuisine. This year's event on Thursday, September 29 from 5:30 p.m. to 9:00 p.m. will expand to a second location on Wesley Plaza off Easton Road.

### Paper Shredding

Sunday, Oct. 9 • 10:00 a.m. to 2:00 p.m.  
Fox Chase Cancer Center Lot, 604 Cottman Avenue, Cheltenham  
Destroy your confidential documents safely and securely for \$10 per box or bag at this fund-raiser sponsored by the Cheltenham Volunteer Fire Company. SHRED ONE mobile trucks will shred your paper as you watch. There is no need to remove staples, paper clips or hanging file folders. Businesses are welcome. Information: [baaron@cheltenhamfirecompany.org](mailto:baaron@cheltenhamfirecompany.org).

### Fire Company Open House

Monday, Oct. 10 • 6:00 p.m. – 9:00 p.m. • Glenside Fire Company, 210 W. Glenside Avenue  
The event will feature fire safety information, fun activities for the kids and refreshments. Information: 215-887-6200, ext. 235.

### Firefighting Demonstration

Friday, Oct. 14 • 7:00 p.m. • William Gottshalk Fire Training Area, Tookany Creek Parkway near New Second Street, Cheltenham  
Local volunteer firefighters show off their skills and techniques for battling blazes in a demonstration featuring fire trucks and apparatus. Information: 215-887-6200, ext. 235.

### Community Harvest Festival

Saturday, Oct. 15 (rain date Oct. 16) • Noon – Dark  
Curtis Arboretum, 1250 W. Church Road, Wyncote  
Haunted hayrides, kids' games, inflatables, craft sales, delicious food, live music and a fireworks finale highlight this popular family event. Information: 215-887-6200, ext. 227.

### Art Center Benefit

Saturday, Nov. 5 • 7:00 p.m. – 10:00 p.m.  
Cheltenham Center for the Arts, 439 Ashbourne Road, Cheltenham  
Join the celebration at the Art Center's largest annual fund-raiser. Information: 215-379-4660.

### Hayride and Bonfire

Friday, Nov. 4 (rain date Nov. 18) • 6:00 p.m. – 9:00 p.m.  
Curtis Arboretum, 1250 W. Church Road, Wyncote • \$5 Fee, except children 2 and under  
Welcome the chilly weather with a hayride and bonfire to listen to music or sing along. Light refreshments included. Information: 215-887-6200, ext. 227.

### Empty Bowl

Monday, Nov. 14 • Seatings at 4:30 p.m. - 6:00 p.m. & 6:30 p.m - 8:00 p.m.  
Arcadia University's Grey Towers Castle, 450 S. Easton Road, Glenside • \$12 Youths/ \$15 Adults  
Choose among handcrafted ceramic bowls to keep and enjoy soups and desserts donated by local eateries. Proceeds benefit local hunger organizations. Information: [CCEC@arcadia.edu](mailto:CCEC@arcadia.edu).

### WinterFest

Saturday, Nov. 26 • Noon – 4:00 p.m. • Wesley Plaza, off Easton Road, Glenside  
Start the holiday season and support local businesses on Small Business Saturday at WinterFest, scheduled for Thanksgiving weekend. Activities throughout the day will conclude with Santa's arrival. Information: <https://www.facebook.com/Downtown-Glenside-Community-Partnership-126724294077899/>.

### Holiday Lights Contest

Enter Nov. 28 – Dec. 9 • \$15 Fee  
Holiday light enthusiasts are invited to enter their creative, colorful displays in this contest, offering a grand prize of \$150. Judging will be conducted Wednesday, Dec. 14 through Friday, Dec. 16 starting at 6:30 p.m. each night, so lights should be on. The winner will be announced Dec. 20. Enter online beginning Nov. 28 at [www.CheltenhamTownship.org](http://www.CheltenhamTownship.org) > Holiday Lights Contest. Information: 215-887-6200, ext. 227.

### Holiday Bazaar

Saturday, Dec. 3 • 9:00 a.m. – 1:00 p.m. • Glenside Hall, 185 S. Keswick Avenue, Glenside  
A shopping extravaganza for new Chanukah, Christmas, Kwanzaa and other seasonal items, sponsored by the Parks and Recreation Department. Vendors (12 minimum to 24 maximum) must register by November 21. Information: [www.CheltenhamTownship.org](http://www.CheltenhamTownship.org) or 215-887-6200, ext. 227.

## PA1Call: Dial 8-1-1 Before You Dig



State law requires property owners to inform the utilities of any type of work involving the movement of earth with powered equipment. The person who is doing the digging should place the one-call notification. If you are a homeowner and you have hired an excavator to do the work, the excavator is required by law to call to have water, gas, cable, sewer and electric lines located (refer to Section 5 of PA Act 287). It does not matter how deep you are digging or where you are digging within the Commonwealth of Pennsylvania.

The PA One Call Center is open 24 hours a day, 7 days a week, every day of the year. Call-takers will ask a series of questions about your project. State law requires a three business days' notice, which does not include state holidays or weekends, but not more than 10 business days prior to the start of excavation. Complete details are available at [www.pa1call.org](http://www.pa1call.org).

# Cheltenham Township Parks and Recreation Fall Fun

Classes Begin  
Monday, September 26, 2016

## Program Registration

### When

Saturday, September 10 • 10:00 a.m. to 2:00 p.m.  
Saturday, September 17 • 10:00 a.m. to Noon  
Monday through Friday, September 12 through 16  
9:00 a.m. to Noon, 1:00 p.m. to 4:00 p.m.

### Where

Register for all programs at either center.  
*La Mott Community Center*  
7420 Sycamore Avenue, La Mott, PA • 215-635-3255  
*Rowland Community Center*  
400 Myrtle Avenue, Cheltenham, PA • 215-379-2233

## Registration Guidelines

1. Township residents have priority for all programs. Non-residents are eligible to register for only certain programs and at higher fees, as indicated by the "NR" amounts.
2. Registrations are accepted in the order in which they are received (except non-residents).
3. Register in person; registrations are not accepted by telephone, mail or email.
4. Credit card payments can be accepted for most fees but will add at least a \$3 processing charge.
5. Refunds or adjustments will not be made for missed classes or for individuals who discontinue a class.
6. Refunds will be issued if a program is canceled or the class is full.
7. No refunds will be made in cases of falsified information.
8. An extra \$5 fee will be charged for all late registrations.
9. Please remember, separate checks are required for swim lessons.

## Community Center Membership

*Cheltenham Township residents only (Sept. 1, 2016 through Aug. 31, 2017)*

Ages	Fee
Under Age 18.....	\$20
Age 18 and Over.....	\$25

**Note:** Membership is good for both centers.

## Proxy Registration Policy

Someone other than a parent – a proxy – will be allowed to register a child for a program, **providing all of the following conditions are met:**

1. The parent must complete and sign a registration form in front of a Parks and Recreation staff member at one of our community centers during the week preceding the first registration day. The signed form can then be given to the proxy for registration and must be accompanied by the correct registration fee.

2. Proxies may register children from only one family besides their own.
3. A child registered by proxy must have a completed registration form for each class.
4. The proxy must wait in the regular registration lines to register the child. If the class reaches maximum capacity before the proxy can register the child, the child will not be allowed in that particular class. The proxy will not be allowed to register the child in another program/class without the parent's prior written consent for that program/class. Therefore, parents should consider completing more than one consent form.
5. If any of the above guidelines are violated, the registration by proxy will not be allowed.

## Winter Class Closings

On days when Cheltenham public schools close due to holidays or inclement weather, programs and classes will not be held. Listen to KYW radio for school closing number 306, watch cable access channels 42 (Comcast) or 1960 (Verizon), check the Township website or Facebook ([www.CheltenhamTownship.org](http://www.CheltenhamTownship.org) or [www.facebook.com/CheltenhamTownship](http://www.facebook.com/CheltenhamTownship)) or sign up via the website to get E-Notifications emailed directly to you. Postponed classes will be made up at the end of the program.

## Tell Us

Ideas, problems or suggestions are always welcomed by the Parks and Recreation Department. If you would like to suggest new courses, discuss current programs or report problems, contact Brian Hinson, Director of Parks and Recreation, at 215-887-6200, ext. 226, or [bhinson@cheltenham-township.org](mailto:bhinson@cheltenham-township.org).

## Special Needs

Any Township resident with a disability wishing to attend a Township-sponsored program who is in need of an accommodation to access a Township building in order to participate in such program shall contact the Department of Parks and Recreation at 215-887-6200, ext. 227, at least 72 business hours prior to the commencement of the program. Cheltenham Township is committed to providing equal access to Township-sponsored programs to all residents.

Cheltenham Township does not ordinarily provide vehicular transportation for persons of special needs to and from programs unless otherwise specified as part of a specific program. It is the Township's policy that when vehicular transportation is provided by the Township as part of a specific program, the expenses for the transportation must be offset 100% by the program fees collected.

Cheltenham Township cannot provide refunds of program fees for time missed due to a change in plans, family vacation or a child's illness. Cheltenham Township does not prorate for any of its programs. Cheltenham Township staff do not disburse or handle prescription or over-the-counter medication and are not trained to care for special needs children.

## Aerobics

### Body Shaping

Co-ed • Ages 16 & Older • 12 Weeks • \$75 (NR \$110) Fee • Limit 40  
Great for both beginners and advanced, this class offers a workout, using low-impact aerobics and weight training. Bring your own hand weights and a mat or towel.

Rowland Community Center

MONDAYS & WEDNESDAYS beginning Sept. 27  
8:00 p.m. to 9:00 p.m.

### Next Level Personal Training

#### Kids Fitness Bootcamp

Co-ed • Ages 8 - 12 • 6 Weeks • \$100 (NR \$125) Fee • Limit 20  
This fun-filled, high energy exercise class for kids aims to increase their overall health and fitness levels in a safe, motivating and fun environment. Bootcamp will include obstacle courses with tires, jump ropes, battle ropes and ladders, and fun fitness games, partner exercises, boxing, competitive games and much more.

La Mott Community Center

SATURDAYS beginning Oct. 1 • 10:00 a.m. to 11:00 a.m.

### Morning Warrior hosted by On Track Fitness, Glenside

Co-ed • Ages 16 & Older • 10 Weeks • \$175 (NR \$200) Fee • Limit 20  
This progression-based workout for all fitness levels includes flexibility, kickboxing, strength training, plyometrics and core. Workouts will change on a weekly basis.

La Mott Community Center

TUESDAYS & THURSDAYS beginning Sept. 27 • 6:00 a.m. to 7:00 a.m.

### Zumba

Co-ed • Ages 16 & Older • \$5 per class (cash only)  
This dance-based fitness class offers easy-to-follow moves, infectious music and body-beautifying benefits.

La Mott Community Center

SATURDAYS beginning Sept. 17 • 11:00 a.m. to Noon



## Basketball

### Co-ed Adult Basketball

Play choose-up games for fun, relaxation and exercise beginning Sept. 6. Community center membership is required.

Rowland Community Center

MONDAYS & TUESDAYS

6:00 p.m. to 7:45 p.m.



### Jump Start

Co-ed • Preschool to Grade 2 • 6 Weeks per session • \$70/child/session, includes jersey & award (NR \$95) Fee • Limit 40  
Youngsters will be taught the basics of dribbling, passing, shooting, positioning, defense and rebounding in a fun-oriented program that includes low-competition games. REGISTER ONLINE ONLY at [www.JumpStartSports.com](http://www.JumpStartSports.com).

Wyncote Elementary School

Little Hoop Stars

Preschool & Kindergarten

MONDAYS, Nov. 7 to Dec. 12

6:45 p.m. to 7:45 p.m.

Wyncote Elementary School

Hoop Stars

Grades 1 & 2

FRIDAYS, Nov. 4 to Dec. 16

6:45 p.m. to 7:45 p.m.

(No class Nov. 25)

## Cooking

### Junior Chefs

Co-ed • Ages 7 - 12 • 8 Weeks • \$50 (NR \$75) Fee • Limit 12  
This hands-on cooking experience will be a fun-filled adventure on how to make different snacks and meals that are easy to prepare in just minutes!

La Mott Community Center

FRIDAYS beginning Oct. 7

6:00 p.m. to 8:00 p.m.



## Dance

Co-ed • Ages 3 & Over • Fees \$150 (NR \$225) for 24 weeks, includes \$45 for recital costume • Limit 12, unless otherwise noted.

### Preschool Creative Dance I

Ages 3 - 4 • Limit 10 • Must be potty trained

This mobility experience is designed to improve toddlers' flexibility and creativity through basic ballet and kidnastic movements.

Instruction may include games or storytime.

Glenside Hall

WEDNESDAYS beginning Sept. 28

5:30 p.m. to 6:20 p.m.

### Preschool Creative Dance II

Ages 4 - 5 • Limit 10

Level II emphasizes the development of dance techniques using ballet movements for returning students.

Glenside Hall

WEDNESDAYS beginning Sept. 28

6:30 p.m. to 7:20 p.m.

### Creative Dance

Ages 3 - 5 • Limit 10

This class emphasizes the development of dance techniques using ballet movements for new and returning students.

Rowland Community Center

WEDNESDAYS beginning Sept. 28

4:40 p.m. to 5:30 p.m.

La Mott Community Center

TUESDAYS beginning Sept. 27

6:00 p.m. to 6:50 p.m.

## Arts and Crafts

### YOUNG REMBRANDTS

Co-ed • Ages 4 - 14 • 5 Weeks • \$65/child/session • Limit 15  
Sessions posted on website

Register at [www.YoungRembrandts.com/buxmont-pa](http://www.YoungRembrandts.com/buxmont-pa) or via mail-in form at La Mott or Rowland Community Centers.

### Early Elementary Drawing

Children ages 4 to 6 will learn to draw basic shapes and playful characters, including clowns, scarecrows and monsters to strengthen their core skills.

Rowland Community Center

SATURDAYS • 9:00 a.m. to 9:45 a.m.

### Elementary Drawing

Children ages 7 to 14 will transform simple shapes into cartoon sun and moon characters, explore a sense of color with a macaw parrot and expand their skills with detailed drawings of a pirate ship and friendly robot.

Rowland Community Center

SATURDAYS • 10:00 a.m. to 11:00 a.m.

### Cartooning

Youngsters ages 8 to 14 will learn key exaggeration and personification techniques for rendering cartoon characters. Students will learn to tell a story through sequential drawing.

Rowland Community Center

SATURDAYS • 11:15 a.m. to 12:15 p.m.

**NEW** **Beginner Ballet and Tap**  
Ages 6 & Older

Students will learn the techniques of classical ballet and the basic movements of tap dancing.

*Glenside Hall*

WEDNESDAYS beginning Sept. 28  
7:30 p.m. to 8:30 p.m.



**Acrobatics Dance**

Ages 5 - 12

For intermediate tumblers with the following skill set: forward rolls, backward rolls, cartwheel, split and bridge.

*La Mott Community Center*

TUESDAYS beginning Sept. 27  
7:00 p.m. to 7:50 p.m.

**Beginner Tap and Jazz**

Ages 6 & Older

An introduction to basic rhythms and footwork in tap dancing and the foundations of jazz.

*La Mott Community Center*

TUESDAYS beginning Sept. 27  
8:00 p.m. to 8:50 p.m.

**Beginner Dance Workshop**

Ages 6 & Older

An introduction to the basic rhythms and footwork in tap dancing, jazz and modern ballet techniques.

*Rowland Community Center*

THURSDAYS beginning Sept. 29  
5:30 p.m. to 6:30 p.m.



**Flexibility & Strength Training**

Ages 8 & Older • Fee \$15/child

Both intermediate and advanced dance classes together improve their flexibility and strength to sharpen their skills.

*Rowland Community Center*

WEDNESDAYS beginning Sept. 28  
6:30 p.m. to 7:00 p.m.

*Rowland Community Center*

THURSDAYS beginning Sept. 29  
5:00 p.m. to 5:30 p.m.

**Intermediate Dance Workshop**

Ages 8 - 10

An extension of the beginner tap, jazz and ballet class emphasizing more complex tap combinations. Previous dance experience is required (2 years in "Beginner Tap and Jazz").

*Rowland Community Center*

WEDNESDAYS beginning Sept. 28  
5:30 p.m. to 6:30 p.m.

**Advanced Dance Workshop**

Ages 11 & Older

An advanced approach to dance steps from modern ballet, jazz, tap and hip hop. Previous dance experience is required.

*Rowland Community Center*

WEDNESDAYS beginning Sept. 28  
7:00 p.m. to 8:30 p.m.

**First Aid, CPR & AED Training**

Co-ed • Ages 14 & Older • 1 Day • \$45 Fee • Cash payment only

Classes will be offered by a CPR-certified instructor with EMS Safety Services and PA Keys certification. All participants must be in good health and able to pass both written and skills exams. Certification cards will be issued within one week of the training. Must register two weeks in advance. Not for professional responders.

*La Mott Community Center*

Last FRIDAYS of the month  
6:00 p.m. to 8:30 p.m.

**Halloween Parties**

Co-ed • All Ages & Families • \$5 Fee/Child Ages 2 & Older (Adults free)  
Watch an animated movie and create your own monster mask. No costumes required.

*Rowland Community Center*

FRIDAY, Oct. 21 • 6:30 p.m. to 8:00 p.m.

Call 215-379-2233 to register by Oct. 14.

Join us if you dare in ghoulish games, a costume contest, tricks and treats.

*La Mott Community Center*

SATURDAY, Oct. 29 • 6:30 p.m. to 8:30 p.m.

Call 215-635-3255 by Oct. 21, if you plan to attend.

**Harvest Festival**

This spectacular community event promises fun for the whole family with pumpkin decorating, Acorn Arcade games, great live music, hayrides, a craft sale and delicious food followed by a festive fireworks finale at a beautiful 45-acre park in Wyncote.

*Curtis Arboretum*

1250 W. Church Road, Wyncote

SATURDAY, Oct. 15 • Rain date Oct. 16 • Noon to Dark

**Hayride Contest**

Create a scary/haunted or cute/friendly scene for the hayride area. The grand prize winner receives \$250, 2nd place earns \$150 and 3rd place receives \$100. A refundable \$25 entry fee is required. For details, call the La Mott Community Center at 215-635-3255.

**Kidnastics**

Co-ed • Ages 3 - 6 • 10 Weeks • \$50 (NR \$75) Fee • Limit 10

Youngsters improve basic coordination, flexibility and balance through tumbling skills.

*Rowland Community Center*

MONDAYS beginning Sept. 26

Ages 3-4: 5:30 p.m. to 6:20 p.m.

Ages 5-6: 6:30 p.m. to 7:20 p.m.

**Kids Chess**

Co-ed • Ages 7 - 16 • Until Summer • Free • Limit 15

Beginner and intermediate players can enjoy a good game of chess for fun and practice.

*Rowland Community Center*

Every other MONDAY beginning Sept. 12

7:00 p.m. to 8:15 p.m.

**Open Gyms and Game Rooms**

La Mott and Rowland Community Centers offer open gyms for basketball and game rooms for community center members. Check [www.CheltenhamTownship.org](http://www.CheltenhamTownship.org) or call the La Mott Community Center at 215-635-3255 or the Rowland Community Center at 215-379-2233 for more information.

**Self-Defense**

**Judo**

Co-ed • Ages 6 & Older • 12 Weeks • \$50 (NR \$75) Fee • Limit 20

A self-defense class will increase your flexibility, strength and endurance while teaching you the techniques of judo. Adults welcome.

*Rowland Community Center*

THURSDAYS beginning Sept. 29

Beginners: 6:30 p.m. to 7:15 p.m.

Advanced: 7:15 p.m. to 8:15 p.m.

**Karate**

Co-ed • Ages 6 & Older • 12 Weeks • \$50 (NR \$75) Fee • Limit 20  
 Learn the basic technique of karate through Tae Kwon Do, Aikido and Jujitsu. Appropriate for students of all levels. Class stresses physical exercise, body conditioning, traditional karate forms, self-defense techniques, discipline and martial arts philosophy.  
*La Mott Community Center*  
 WEDNESDAYS beginning Sept. 28  
 6:30 p.m. to 7:30 p.m.

**Seniors**

**Clubs**

Active senior citizen clubs meet regularly at both community centers and always welcome new members for bingo, cards, guest speakers, entertainment, casino trips and more. Call the La Mott Community Center at 215-635-3255 or Rowland Community Center at 215-379-2233 for more information.

*La Mott Community Center*  
 THURSDAYS beginning Sept. 8  
 11:00 a.m.

*Rowland Community Center*  
 First & Third FRIDAYS  
 beginning Sept. 9  
 11:00 a.m.

**Mature Driving**

Co-ed • Ages 55 & Over • 2 Days • \$20 Fee • Limit 20  
 (\$15 with valid AARP membership)  
 Save 5% on your auto insurance (check with your insurance provider) after completing this two-day class sponsored by AARP. Call the La Mott Community Center at 215-635-3255 for the registration form.  
*La Mott Community Center*  
 TUESDAY & WEDNESDAY, Nov. 22 & 23  
 10:00 a.m. to 2:00 p.m.



**Ski Lift Tickets**

Save money and avoid long lines by purchasing discounted lift tickets to Big Boulder/Jack Frost, Blue Mountain, Elk Mountain, Camelback Ski Area, Bear Mountain or Shawnee Mountain at the Township Administration Building. Beginning in December, the non-refundable tickets are on sale weekdays from 9:00 a.m. to Noon and 1:00 p.m. to 3:00 p.m. Call 215-887-6200, ext. 227, for more information.

**Swimming**

**Children's Instructional Program**

Co-ed • Ages 2 & Over • 8 Weeks • \$40 Fee  
 Can your children swim? This program offers lessons for toddlers through advanced beginners, based upon ability.  
*Cheltenham High School Pool*  
 SATURDAYS beginning Oct. 1  
 8:30 a.m. to 10:30 a.m.



**Registration**

*Cheltenham Township residents only.* Registration for swim lessons will be offered during regular registration at both community centers beginning SATURDAY, Sept. 10. Separate checks are required for swimming lessons.

**Sessions**

8:30 a.m. to 9:00 a.m. – Level I, II & III  
 9:15 a.m. to 9:45 a.m. – Level I, III & IV  
 10:00 a.m. to 10:30 a.m. – Level II, III & V/VI

**Note:** Classes are tentative, depending upon registration demands. Level I class requires parent participation for every lesson.

**Recreational Swimming**

Enjoy evening swims at the high school pool. Swimmers must provide their own towels, bathing suits and locks for the lockers. The Township is not responsible for personal belongings. Pool parties welcome.  
*Cheltenham High School Pool* - Beginning Oct. 7  
 WEDNESDAYS • 7:45 p.m. to 9:45 p.m. & FRIDAYS • 7:00 p.m. to 9:45 p.m.  
 Residents may purchase season tags good until Dec. 30, 2016, or pay daily fees.

Ages	Season Fee	Daily Fee
Adults	\$30	\$4
Youths (Under Age 18) or College Students (Up to Age 23 with I.D.)	\$20	\$3
Seniors (Age 62 & Over)	\$20	\$3

**Theater**

**Girls Only**

Girls • Ages 12 - 16 • 10 Weeks • \$55 (NR \$80) Fee • Limit 10  
 This girls-only theater class will consist of story telling, monologues, scenes and other forms of creative expression that help develop self-esteem for a big one-hour spotlight performance on stage.  
*La Mott Community Center*  
 SATURDAYS beginning Oct. 1  
 11:00 a.m. to 1:00 p.m.

**Glenside Youth**

Co-ed • Ages 4 - 14 • 12 Weeks • \$75 (NR \$100) Fee • Limit 20  
 This 12 week program will teach students the skills of acting, creative writing and performing for a live audience.  
*Glenside Hall*  
 SATURDAYS beginning Oct. 1  
 9:00 a.m. to 11:00 a.m.

**Volleyball**

Co-ed • Ages 16 & Older • \$30 Fee for EITHER Wednesday OR Friday play.  
 Enjoy a friendly game of volleyball at intermediate to advanced levels.  
*Cheltenham Elementary School*  
 WEDNESDAYS beginning Sept. 28  
 FRIDAYS beginning Sept. 30  
 7:00 p.m. to 9:00 p.m.

**Youth Group**

Co-ed • Teens  
 Aldersgate's La Mott Teen Group continues interpersonal skill development, peer and family counseling, trips and special activities. Call Bonnie Johns at 215-657-4545.  
*La Mott Community Center*  
 MONDAYS & WEDNESDAYS beginning Sept. 7  
 6:00 p.m. to 9:00 p.m.

**Coming Next Year!**

**Maple Sugar Day**

Ever wonder how maple syrup and other maple products are made? Watch a first hand demonstration on Saturday, Feb. 18 (rain date Feb. 19) from 1:00 p.m. to 2:30 p.m. near Glenside Hall, 185 S Keswick Avenue in Glenside. Participants should wear boots and dress warmly. Afterwards, everyone will be treated to a taste test of the syrup on a waffle. For more information, please contact Brian Hinson at bhinson@cheltenham-township.org.

**Men's Slow Pitch Softball League**

The Parks and Recreation Department will once again offer a men's softball league in the spring of 2017. The initial league meeting will be held at 7:00 p.m. on March 1, 2017 at Glenside Hall. For more information, contact Brian Hinson at bhinson@cheltenham-township.org

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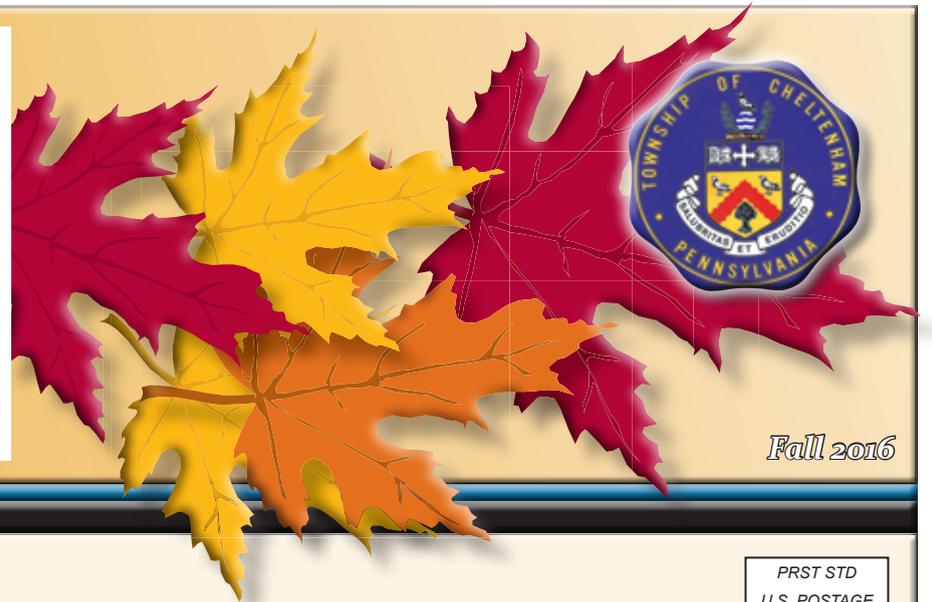
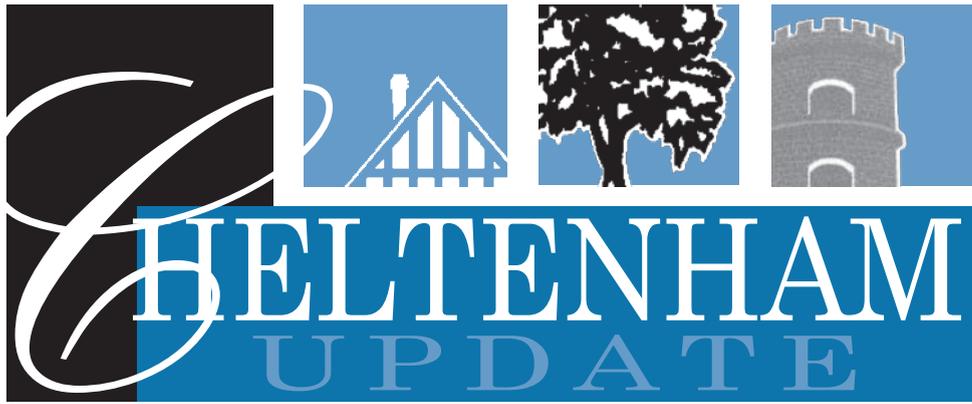
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